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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:00 Coffee Talk 10:30 Let's get moving Exercise 1:00 Picture Bingo  3:00 Outdoor/Indoor Walks 6:00 Bubble Blowing	2 9:00 Coffee Talk 10:30 Ring Toss  1:00 Watercolor painting & Aroma Therapy 3:00 Musical Guest 6:00 Collage making	3 9:00 Coffee Talk 10:30 Let's get moving Exercise 1:00 Strawberry/Banana Kabob Making  3:00 Aroma therapy & hand massages 6:00 Table games	4 9:00 Coffee Talk 10:30 Snowball Throwing 2:00 Afternoon drive around Shawnee Lake  6:00 Activity of Nurses Choice	5 9:00 Coffee Talk 10:30 Balloon Toss & Fun 1:00 Put Christmas tree away & Reminisce  3:00 Cheese & Cracker Social w/ Big Band Music 6:00 Aroma Therapy & Coloring 	6 10:00 Light Stretching 1:00 Puzzles & Pondering 3:00 Guided Walks & Wondering 
7 10:00 Move to the Music exercise 11:00 Televised Church/Sorting & matching 1:00 Activity packs & puzzles 3:00 What's the Scoop Ice cream Social & Reminisce 	8 9:00 Coffee Talk 10:30 Let's get moving Exercise 1:00 NAME THAT TUNE  3:00 Outdoor/Indoor Walks 6:00 Picture Bingo	9 9:00 Coffee Talk 10:30 Beach Ball toss 1:00 Snowflake painting & Aroma Therapy  3:00 Sing A-long 6:00 Modeling with play dough	10 9:00 Coffee Talk 10:30 Pie Making W/Tammy 1:00 Musical instruments  3:00 Aroma therapy & hand Massages 6:00 Puzzles	11 9:00 Coffee Talk 10:30 Soft music yoga 1:00 Pie & Reminisce 3:00 Movie & A Manicure (Meet Me in St Louis)  6:00 Sort & Matching	12 9:00 Coffee Talk 10:30 Indoor Bowling 1:00 Winter Crafting 3:00 Cheese & Cracker Social w/ Musical Guest 6:00 Joke Telling 	13  10:00 Light Stretching 1:00 Puzzles & Pondering 3:00 Guided Walks & Wondering
14 10:00 Move to the Music exercise 11:00 Televised Church & Sorting & matching  1:00 Activity packs & puzzles 3:00 What's the Scoop ice cream social & reminisce	15 9:00 Coffee Talk 10:30 Let's get moving Exercise 1:00 Name that Tune 3:00 Outdoor/Indoor Walks 6:00 Bubble Blowing 	16 9:00 Coffee Talk 10:30 Beanbag toss & Parachute fun 1:00 Watercolor painting & Aroma Therapy 3:00 Musical Guest 6:00 Collage making 	17  9:00 Coffee Talk 10:30 Let's get moving Exercise 1:00 Musical instruments 3:00 Aroma therapy & hand massages 6:00 Table games	18 9:00 Coffee Talk 10:30 Musical Tia Chi 1:00 Cardio Drumming 5:00 Family Night/Food & Fun 	19 9:00 Coffee Talk 10:30 Balloon Toss 1:00 Bubble Fun 3:00 Cheese & Craker Social w/Resident request music  6:00 Puzzles & Games	20  10:00 Light Stretching 1:00 Puzzles & Pondering 3:00 Guided Walks & Wondering
21 10:00 Move to the Music exercise 11:00 Televised Church/Sorting & matching 1:00 Activity packs & puzzles 3:00 What's the Scoop ice cream social & reminisce 	22 9:00 Coffee Talk 10:30 Let's get moving Exercise 1:00 Name that Tune  3:00 Outdoor/Indoor Walks 6:00 Picture Bingo	23 9:00 Coffee Talk 10:30 Beach Ball Toss & Fun!  1:00 Finger painting & Aroma Therapy 3:00 Sing A-long 6:00 Color Craft	24 9:00 Coffee Talk 10:30 Let's get moving Exercise 1:00 Brain Teaser Games  6:00 Puzzles	25 9:00 Coffee Talk 10:30 Musical Tia Chi 1:00 Pie & Reminisce 3:00 Write Thank you cards  6:00 Activity of Resident's Choice	26 9:00 Coffee & Family letter reading 10:30 Indoor bowling 2:00 Birthday Social w/ Ol' Time Rock & Roll  6:00 Aroma Therapy & Coloring	27  10:00 Light Stretching 1:00 Puzzles & Pondering 3:00 Guided Walks & Wondering
28 10:00 Move to the Music exercise  11:00 Televised Church/Sorting & matching 1:00 Activity packs & puzzles 3:00 What's the Scoop ice cream social & reminisce	29 9:00 Coffee Talk 10:30 Let's get Moving Exercise 1:00 Picture Bingo 3:00 Outdoor/Indoor Walks  6:00 Bubble Blowing	30 9:00 Coffee Talk 10:30 Beanbag toss & Parachute fun 1:00 Watercolor painting & Aroma Therapy 3:00 Write a Thank you 6:00 Modeling with clay 	31 9:00 Coffee Talk 10:30 Let's get moving Exercise 1:00 Musical instruments 3:00 Aroma Therapy & hand massages  6:00 Table games	