
















January 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 	2 Podiatry Clinic All Day 	3 10am Weekly Grocery Shopping – Dillon's 	4 9am Shuffleboard 3pm Banana Bingo! 	5 3pm Happy Hour! 	6 1pm Cornhole
7 10:15 Worship Service with Pastor Rick 1pm Golf Card Game	8 1pm Scenic Drive through North Topeka and Downtown 	9 9am Coffee Klatch 11am Seated Yoga 	10 10am Weekly Grocery Shopping – Walmart 	11 12:30 Red Carpet Library Services 	12 9am CoEd Golf 1pm Gentle Exercise 3pm Happy Hour!	13 10:30 Resident Led Exercise
14 10:15 Worship Service with Pastor Rick 1:30 Hot Potato with Barb	15 11am Lunch Outing at Abigail's Bar and Grill 	16 9:30 Catholic Communion 11am Seated Yoga 2pm Resident Council	17 10:15 Seated Exercise 6pm Resident Led Scrabble	18 4:30 Chili Feed/Social in the Creative Center! 	19 9am CoEd Golf 1pm Gentle Exercise 3pm Happy Hour!	20 2:30 Resident Led Quarter Bingo
21 10:15 Worship Service with Pastor Rick 1pm Golf Card Game	22 1-3pm IL Outing to Prairie Band Casino (bus loads at 12:30)	23 1pm Seated Pilates 	24 11:45 Keith Klein-Piano Player 1pm CoEd Pool 6pm Scrabble 6:30 Bridge	25 12:30 Red Carpet Library Services 	26 11am Seated Yoga 2pm Nickel Bingo 3pm Happy Hour!	27 10:30 Resident Led Exercise
28 10:15 Worship Service with Pastor Rick 1:30 Hot Potato with Barb	29 11am Lunch Outing to El Ranchito 	30 10 & 4 Daily Movie 10:45 Cardio Drumming 2pm Reminisce 5:30 Topeka Big Band	31 10:15 Seated Exercise 6pm Resident Led Scrabble			