

# September 2023

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
					<b>1</b>	<b>2</b>
					9:00 CoEd Golf 10:15 Exercise w/Tammy 11:00 Seated Yoga 1:00 Seated Tai Chi 2:00 Nickel Bingo 3:00 Happy Hour 4:30 Guided Meditation	10:30 Exercise 1:00 Cornhole 2:30 Quarter Bingo  <i>Enjoy our beautiful art on your own at any time!</i>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
10:15 Worship Service with Pastor Rick 1:00 Golf Card Game 1:30 Hot Potato w/Barb	9:00 Men's Coffee 9:00 Coffee Klatch 10:15 Exercise w/Tammy 10:45 Hot Potato w/Barb 11:00 Seated Aerobics 1:00 Cornhole 1:30 Movie Monday 2:30 Nickel Bingo 6:30 Pitch  <div style="text-align: center;"><i>Labor Day</i></div>	9:00 Outside Stroll 9:00 Coffee Klatch 10:15 Exercise w/Tammy 10:45 Cardio Drumming 11:00 Seated Yoga 12:30 Gene Fox-Piano Player & Singer 1:00 Seated Pilates 2:00 Co-Ed Pool 2:00 Tell A Story/Reminisce 6:00 Mexican Train Dominoes	9:00 Ladies Golf 9:00 Coffee Klatch 10:15 Exercise w/Tammy 10:00 Shopping (Walmart) 11:00 301 Dart Game 1:00 Cribbage 2:00 Resident Council 4:00 Guided Meditation 6:00 Scrabble 6:30 Bridge  <div style="text-align: center;"><i>Manicure Day</i></div>	9:00 Shuffleboard 9:00 Coffee Klatch 10:15 Exercise w/Tammy 11:00 Seated Aerobics 12:30 Red Carpet Library Services 1:00 Farkle 2:00 Co-Ed Pool 2:30 Catholic Mass 3:00 Movie Matinee 3:30 Banana Bingo	9:00 CoEd Golf 10:15 Exercise w/Tammy 11:00 Seated Yoga 1:00 Seated Tai Chi 2:00 Nickel Bingo 3:00 Happy Hour with DJ Ed 4:30 Guided Meditation	10:30 Exercise 1:00 Cornhole 2:30 Quarter Bingo  <i>Enjoy our beautiful art on your own at any time!</i>

<p style="text-align: right;"><b>10</b></p> <p>10:15 Worship Service with Pastor Rick 1:00 Golf Card Game 1:30 Hot Potato w/Barb</p>	<p style="text-align: right;"><b>11</b></p> <p>9:00 Men's Coffee 9:00 Ladie's Coffee 9:00 Coffee Klatch 9:00 Farmer's Market 10:15 Exercise w/Tammy 10:45 Beach Ball Volleyball 11:00 Seated Aerobics 1:00 Cornhole 1:30 Movie Monday 2:30 Nickel Bingo 6:30 Pitch</p> <p style="text-align: right;"><i>Purple Day</i></p>	<p style="text-align: right;"><b>12</b></p> <p>9:00 Outside Stroll 9:00 Coffee Klatch 9:30 Catholic Comm. 10:15 Exercise w/Tammy 10:45 Cardio-Drumming 11:00 Seated Yoga 1:00 Seated Pilates 2:00 Co-Ed Pool 2:00 Afternoon Tea 6:00 Mexican Train Dominoes</p> <p style="text-align: right;"><i>To the 9's Day</i></p>	<p style="text-align: right;"><b>13</b></p> <p>9:00 Ladies Golf 9:00 Coffee Klatch 10:15 Exercise w/Tammy 10:00 Shopping (Dillon's) 11:00 Poker Club 1:00 Cribbage 2:30 Quarter Bingo 6:00 Scrabble 4:00 Guided Meditation</p> <p style="text-align: right;"><i>Sunflower Day</i></p>	<p style="text-align: right;"><b>14</b></p> <p>9:00 Shuffleboard 9:00 Coffee Klatch 10:15 Exercise w/Tammy 11:00 Seated Aerobics 1:00 Farkle 2:00 Co-Ed Pool 3:30 Banana Bingo Movies All Day!</p> <p style="text-align: right;"><i>Pajama Day</i></p>	<p style="text-align: right;"><b>15</b></p> <p>9:00 CoEd Golf 10:15 Exercise w/Tammy 11:00 Seated Yoga 1:00 Seated Tai Chi 2:00 Nickel Bingo 3:00 Happy Hour Luau! 4:30 Guided Meditation</p> <p style="text-align: right;"><i>Luau Day</i></p>	<p style="text-align: right;"><b>16</b></p> <p>10:30 Exercise 1:00 Cornhole 2:30 Quarter Bingo</p> <p style="text-align: center;"><i>Enjoy our beautiful art on your own at any time!</i></p>
<p style="text-align: right;"><b>17</b></p> <p>10:15 Worship Service with Pastor Rick 1:00 Golf Card Game 1:30 Hot Potato w/Barb</p>	<p style="text-align: right;"><b>18</b></p> <p>9:00 Men's Coffee 9:00 Coffee Klatch 10:15 Exercise w/Tammy 10:45 Hot Potato 11:00 Lunch Outing-The Shack 11:00 Seated Aerobics 1:00 Cornhole 1:30 Movie Monday 2:30 Nickel Bingo 6:30 Pitch</p>	<p style="text-align: right;"><b>19</b></p> <p>9:00 Outside Stroll 9:00 Coffee Klatch 9:30 Catholic Comm. 10:15 Exercise w/Tammy 10:45 Cardio-Drumming 11:00 Seated Yoga 1:00 Seated Pilates 2:00 Co-Ed Pool 2:00 Tell A Story 6:00 Mexican Train Dominoes</p>	<p style="text-align: right;"><b>20</b></p> <p>9:00 Ladies Golf 9:00 Coffee Klatch 10:15 Exercise w/Tammy 10:00 Shopping (Walmart) 11:00 Poker Club 1:00 Cribbage 2:30 Quarter Bingo 4:00 Guided Meditation 6:00 Scrabble 6:30 Bridge</p> <p style="text-align: right;"><i>Manicure Day</i></p>	<p style="text-align: right;"><b>21</b></p> <p>9:00 Shuffleboard 9:00 Coffee Klatch 10-1 Classic Car Show 10:15 Exercise w/Tammy 11:00 Seated Aerobics 12:30 Red Carpet Library Services 1:00 Sock Hop 2:00 Co-Ed Pool 3:00 Movie Matinee 3:30 Banana Bingo</p>	<p style="text-align: right;"><b>22</b></p> <p><i>End of Summer Bash All Day!</i> Join us at The Ted Ensley Garden Shelterhouse for garden strolls, fun games, and a cook out! We will have a shuttle bus running all day long, so feel free to come and go as you please. We are looking forward to seeing all of you there!</p>	<p style="text-align: right;"><b>23</b></p> <p>10:30 Exercise 1:00 Cornhole 2:30 Quarter Bingo</p> <p style="text-align: center;"><i>Enjoy our beautiful art on your own at any time!</i></p>
<p style="text-align: right;"><b>24</b></p> <p>10:15 Worship Service with Pastor Rick 1:00 Golf Card Game 1:30 Hot Potato w/Barb</p>	<p style="text-align: right;"><b>25</b></p> <p>9:00 Ladies Coffee 9:00 Men's Coffee 9:00 Coffee Klatch 10:15 Exercise w/Tammy 10:45 Hot Potato 11:00 Lunch Outing—Blue Moose 11:00 Seated Aerobics 1:00 Cornhole 1:30 Movie Monday 2:30 Nickel Bingo 6:30 Pitch</p>	<p style="text-align: right;"><b>26</b></p> <p>9:00 Outside Stroll 9:00 Coffee Klatch 9:30 Catholic Comm. 10:15 Exercise w/Tammy 10:45 Cardio-Drumming 11:00 Seated Yoga 1:00 Seated Pilates 2:00 Co-Ed Pool 2:00 Tell A Story 6:00 Mexican Train Dominoes</p>	<p style="text-align: right;"><b>27</b></p> <p>9:00 Ladies Golf 9:00 Coffee Klatch 10:15 Exercise w/Tammy 10:00 Shopping (Dillon's) 11:00 Food 4 Thought Marketing Event 11:45 Keith Klein Piano Player 11:00 Poker Club 1:00 Cribbage 2:30 Quarter Bingo 6:00 Scrabble 4:00 Guided Meditation</p>	<p style="text-align: right;"><b>28</b></p> <p>9:00 Shuffleboard 9:00 Coffee Klatch 10:15 Exercise w/Tammy 11:00 Seated Aerobics 1:00 Farkle 2:00 Co-Ed Pool 3:00 Movie Matinee 3:30 Banana Bingo</p>	<p style="text-align: right;"><b>29</b></p> <p>9:00 CoEd Golf 10:15 Exercise w/Tammy 11:00 Seated Yoga 1:00 Seated Tai Chi 2:00 Nickel Bingo 3:00 Happy Hour/Monthly Birthday Party featuring Vaughn Cowden 4:30 Guided Meditation</p>	<p style="text-align: right;"><b>30</b></p> <p>10:30 Exercise 1:00 Cornhole 2:30 Quarter Bingo</p> <p style="text-align: center;"><i>Enjoy our beautiful art on your own at any time!</i></p>

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