



November 2022 Independent Living Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>McCrte Plaza at BRIARCLIFF</p>	<p><i>Hello November</i></p>	<p>9:00 HyVee Shuttle 1 9:30 Standing/Seated Exercises 10:30 Nail Care Services 11:00 Catholic Communion 1:00 Senior Learning Network: "Everglades National Park" 2:00 Men's & Ladies Pitch 2:00 Group Trivia Challenge 3:00 Veterans Matinee 4:00 Creative Coloring 6:30 Veterans Showtime</p> <p>Trivia Time</p>	<p>2 9:30 Standing/Seated Exercises 10:00 Men's Coffee 11:30 Nature Scavenger Hunt 3:00 Showtime Matinee 4:00 Wacky Wednesday</p> <p>6:00 Care Giver Support Group 6:30 Showtime</p> <p>SUPPORTING CAREGIVERS</p>	<p>3 9:30 Exercises 10:30 Cardio Drumming 1:00 Women's Parkinson's Support 1:30 Big Money Bingo 2:00 Men's & Ladies Pitch 2:00 McCrite Sewing Group 3:00 Veterans Matinee 3:00-4:30 Associated Audiologist 3:30 Internet Safety Basics 6:30 Veterans Showtime</p> <p>INTERNET SAFETY</p>	<p>4 9:30 Standing/Seated Exercises 10:30 Devotional with Tom 1:30 Tai Chi with Nina 3:00 Showtime Matinee</p> <p>3:30 First Friday Happy Hour</p> <p>6:30 Friday Night Mystery Movie</p> <p>Fiesta</p>	<p>5 10:00 Hand & Foot Card Game 3:00 Showtime Matinee 6:00 Resident Board Game Night</p> <p>BOARD GAMES 6:30 Showtime</p>
<p>6 <i>Don't forget to Fall Back</i></p> <p>9:45 North Cross United Methodist Church Service 2:00 Bunco Dice Game 3:00 Showtime Matinee 6:30 Showtime</p> <p>7:20 Chiefs vs Titans</p>	<p>7 9:30 Standing/Seated Exercises 10:30 Cardio Drumming 1:00 Bridge Club</p> <p>Coffee News "News to enjoy over coffee"</p> <p>1:30 Coffee News & Weekly Planner 2:00 This Week in History 3:00 Showtime Matinee 4:00 McCrite Choir Rehearsal 6:30 Musical Monday Night Movie</p>	<p>8 VOTE</p> <p>9:00 HyVee Shuttle 9:30 Standing/Seated Exercises 11:00 Catholic Mass 1:00 Senior Learning Network: "Flight 93 National Memorial" 2:00 Men's & Ladies Pitch 2:30 Sweet Shoppe Treats 3:00 Veterans Matinee 3:00 Food Committee Meeting 4:00 Creative Coloring 6:30 Veterans Showtime</p>	<p>9 9:30 Standing/Seated Exercises 10:00 Men's Coffee 10-11:30 Blood Pressure Clinic 11:00 "Hank Williams" at The New Theatre 11:30 LCR Dice Game 2:00 Poetry Group 3:00 Showtime Matinee 4:00 Wacky Wednesday 6:30 Showtime</p> <p>NEW THEATRE RESTAURANT</p>	<p>10 9:30 Standing/Seated Exercises 10:30 Cardio Drumming 1:00 Women's Parkinson's Support 1:30 Big Money BINGO 2:00 Men's & Ladies Pitch 2:00 McCrite Sewing Group 2:30 Sweet Shoppe Treats 3:00 Veterans Matinee 5:30 Potluck Exchange 6:30 Veterans Showtime</p>	<p>11 VETERANS DAY</p> <p>9:00 Veterans Coffee and Muffins 9:30 Standing/Seated Exercises 10:30 Salute to Veterans Program 1:30 Tai Chi with Nina 3:00 Showtime Matinee 3:30 Red Friday Happy Hour 6:30 Friday Night Mystery Movie</p>	<p>12 10:00 Hand & Foot Card Game 3:00 Showtime Matinee 6:00 Resident Board Game Night</p> <p>GAME NIGHT 6:30 Showtime</p>
<p>13 9:45 North Cross United Methodist Church Service 12:00 Chiefs vs Jaquars 2:00 Bunco Dice Game 3:00 Showtime Matinee 6:30 Showtime</p>	<p>14 9:30 Standing/Seated Exercises 10:30 Cardio Drumming 12:00 RESCO Officers Luncheon 1:00 Bridge Club 1:30 Coffee News & Weekly Planner 2:00 This Week in History 3:00 Showtime Matinee 4:00 McCrite Choir Rehearsal 6:30 Musical Monday Night Movie</p> <p>CHRISTMAS CHOIR</p>	<p>15 9:00 HyVee Shuttle 9:30 Standing/Seated Exercises 11:00 Catholic Communion 11:15 McCrite Book Club 1:00 Senior Learning Network: "LBJ Presidential Library & Museum" 2:00 Men's & Ladies Pitch 2:30 Ladies Afternoon Tea 3:00 Veterans Matinee 4:00 Creative Coloring 5:30 Fourth Floor Resident Social 6:30 Veterans Showtime</p>	<p>16 Jamesport 9:30 Jamesport Day Trip 9:30 Standing/Seated Exercises 10:00 Men's Coffee 11:30 LCR Dice Game 1:30 Welcome Committee Meeting 2:00 Poetry Group 3:00 Showtime Matinee 4:00 Wacky Wednesday 6:00 Care Giver Support Group 6:30 Showtime</p>	<p>17 9:30 Standing/Seated Exercises 10:30 Cardio Drumming 1:00 Women's Parkinson's Support 2:00 Resident Council Meeting 2:00 Men's & Ladies Pitch 2:00 McCrite Sewing Group 3:00 Veterans Matinee 6:30 Veterans Showtime</p> <p>be in the know!</p>	<p>18 9:30 Standing/Seated Exercises 10:30 Devotional with Tom 1:30 Tai Chi with Nina 3:00 Showtime Matinee</p> <p>3:30 JUST A SING-A-LONG</p> <p>HAPPY HOUR 6:30 Friday Night Mystery Movie</p>	<p>19 10:00 Hand & Foot Card Game 11:30 and 1:30 Friends & Family Thanksgiving Dinner GIVE THANKS 3:00 Showtime Matinee 6:00 Resident Board Game Night</p>
<p>20 9:45 North Cross United Methodist Church Service North Cross UNITED METHODIST CHURCH 2:00 Bunco Dice Game 3:00 Showtime Matinee 3:25 Chiefs vs Chargers 6:30 Showtime</p>	<p>21 9:30 Standing/Seated Exercises 10:30 Cardio Drumming 11:00 Ladies Lunch Out 1:00 Bridge Club 1:30 Coffee News & Weekly Planner 2:00 This Week in History 3:00 Showtime Matinee 4:00 McCrite Choir Rehearsal 6:30 Musical Monday Night Movie RSVP Deadline for Church of the Resurrection Christmas</p> <p>HISTORY</p>	<p>22 9:00 HyVee Shuttle 9:30 Standing/Seated Exercises 11:00 Catholic Communion 1:00 Senior Learning Network: "Valley Forge National Park" 2:00 Men's & Ladies Pitch 2:30 Sweet Shoppe Treats 3:00 Veterans Matinee 4:00 Creative Coloring 6:30 Veterans Showtime</p> <p>SLN Senior Learning Network</p>	<p>23 9:30 Standing/Seated Exercises 10:00 Men's Coffee 11:30 LCR Dice Game 2:00 Poetry Group 3:00 Showtime Matinee 3:30 History of Thanksgiving 4:00 Wacky Wednesday 6:30 Showtime</p> <p>LCR</p>	<p>24 <i>Happy Thanksgiving To You</i></p>	<p>25 9:30 Standing/Seated Exercises 10:30 Devotional with Tom 1:30 Tai Chi with Nina 3:00 Showtime Matinee</p> <p>HOUSE OF COMEDY 3:30 Comedy Club Happy Hour 6:30 Friday Night Mystery Movie</p>	<p>26 10:00 Hand & Foot Card Game 3:00 Showtime Matinee 6:00 Resident Board Game Night 6:30 Showtime</p> <p>DAYS 'TIL CHRISTMAS 30</p>
<p>27 9:45 North Cross United Methodist Church Service 2:00 Bunco Dice Game 3:00 Showtime Matinee 3:25 Chiefs vs Rams 6:30 Showtime</p> <p>It's Bunco TIME!</p>	<p>28 9:30 Standing/Seated Exercises 10:30 Cardio Drumming 11:00 Men's Lunch Out 1:00 Bridge Club 1:30 Coffee News & Weekly Planner 2:00 This Week in History 3:00 Showtime Matinee 4:00 McCrite Choir Rehearsal 6:30 Musical Monday Night Movie RSVP Deadline for "Back in the Saddle" at Chestnut Fine Arts</p>	<p>29 9:00 HyVee Shuttle 9:30 Standing/Seated Exercises 10:30 Coffee with a Cop 11:00 Catholic Communion 1:00 Senior Learning Network: "The Printing Museum" 2:00 Men's & Ladies Pitch 2:30 Monthly Birthday Party 3:00 Veterans Matinee 4:00 Creative Coloring 6:30 Veterans Showtime</p> <p>Coffee WITH A COP</p>	<p>30 9:30 Standing/Seated Exercises 10:00 Men's Coffee 11:30 LCR Dice Game 12:00 New Resident Luncheon 2:00 Poetry Group 3:00 Showtime Matinee 4:00 Wacky Wednesday 5:00 Dinner & Movie</p>	<p>Looking Ahead: 12-5: McCrite Choir Concert 12-8: Church of the Resurrection 12-14: Cocoa & Carols with The Dickens Carolers 12-15: Candlelight Christmas 12-28: "Back in the Saddle" at Chestnut Fine Arts Theatre</p>	<p><i>Goodbye November</i> <i>Hello December</i></p>	<p>Please pick up your Weekly Itinerary at the Reception or Concierge Desks. Any changes to the calendar will be noted in the Weekly Itinerary.</p>