

























October 2022 Independent Living Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>2</p> <p>9:45 North Cross United Methodist Church Service</p> <p>2:00 Bunco Dice Game</p> <p>3:00 Showtime Matinee</p> <p>6:30 Showtime</p> <p>7:20 Chiefs vs Buccaneers</p> 	<p>3</p> <p>9:30 Standing/Seated Exercises</p> <p>10:30 Cardio Drumming</p> <p>1:00 Bridge Club</p> <p>1:30 Coffee News & Weekly Planner</p> <p> Coffee News "News to enjoy over coffee"</p> <p>2:00 This Week in Hlstory</p> <p>3:00 Showtime Matinee</p> <p>6:30 Musical Monday Night Movie</p>	<p>4</p> <p>9:00 HyVee Shuttle</p> <p>9:30 Standing/Seated Exercises</p> <p>11:00 Catholic Communion</p> <p>11:30 Big Money Bingo</p> <p>1:00 Senior Learning Network: "Civil War Era Couples"</p> <p>2:00 Men's & Ladies Pitch</p> <p>2:30 Ladies Afternoon Tea</p> <p>3:00 Halloween Matinee</p> <p>3:30 Group Trivia Challenge</p> <p>4:00 Library Committee Meeting</p> <p>4:00 Creative Coloring</p> <p>6:30 Halloween Haunt Showtime</p>	<p>5</p> <p>9:30 Standing/Seated Exercises</p> <p>10:00 Men's Coffee</p> <p>3:00 Showtime Matinee</p> <p>4:00 Wacky Wednesday</p> <p> 6:00 Care Giver Support Group</p> <p>6:30 Showtime</p>	<p>6</p> <p>9:30 Exercises</p> <p>10:30 Cardio Drumming</p> <p>1:00 Women's Parkinson's Support</p> <p>1:30 Big Money Bingo</p> <p>2:00 Men's & Ladies Pitch</p> <p>2:00 McCrite Sewing Group</p> <p>3:00 Halloween Matinee</p> <p>3:00-4:30 Associated Audiologist</p> <p>5-6:30  Spaghetti Dinner Fundraiser</p> <p>6:30 Halloween Haunt Showtime</p>	<p>7</p> <p>9:30 Standing/Seated Exercises</p> <p>10:30 Devotional with Tom</p> <p>1:30 Tai Chi with Nina</p> <p>3:00 Showtime Matinee</p> <p>3:30 First Friday Happy Hour </p> <p>6:30 Friday Night Mystery Movie</p> <p>RSVP Deadline for "Hank Williams" at The New Theatre</p>	<p>8</p> <p>10:00 Hand & Foot Card Game</p> <p>3:00 Showtime Matinee</p> <p>6:00 Resident Board Game Night</p> <p></p> <p>6:30 Showtime</p>
<p>9</p> <p> 9:00 Liberty Alzheimer's Walk</p> <p>9:45 North Cross United Methodist Church Service</p> <p>2:00 Bunco Dice Game</p> <p>3:00 Showtime Matinee</p> <p>6:30 Showtime</p> <p></p>	<p>10</p> <p>Columbus Day</p> <p>9:30 Standing/Seated Exercises</p> <p>10:30 Cardio Drumming</p> <p>1:00 Bridge Club</p> <p>1:30 Coffee News & Weekly Planner</p> <p>2:00 This Week in History</p> <p>3:00 Showtime Matinee</p> <p>3:30 Pacific Breeze Fashion Show</p> <p>6:30 Musical Monday Night Movie</p> <p> 7:15 Chiefs vs Raiders</p>	<p>11</p> <p>9:00 HyVee Shuttle</p> <p>9:30 Standing/Seated Exercises</p> <p>11:00 Catholic Mass</p> <p>11:30 Ladies Lunch Out</p> <p>1:00 Senior Learning Network: "Eleanor Roosevelt"</p> <p>2:00 Men's & Ladies Pitch</p> <p>2:30 Sweet Shoppe Treats</p> <p>3:00 Halloween Matinee</p> <p>3:00 Food Committee Meeting</p> <p>4:00 Creative Coloring</p>	<p>12</p> <p>9:30 Standing/Seated Exercises</p> <p>10:00 Men's Coffee</p> <p>10-11:30 Blood Pressure Clinic</p> <p>11:30 LCR Dice Game</p> <p> 1:00 Flu & Covid Booster Clinic</p> <p>2:00 Poetry Group</p> <p>3:00 Showtime Matinee</p> <p>4:00 Wacky Wednesday</p> <p>5:30 Potluck Exchange</p> <p>6:30 Showtime</p>	<p>13</p> <p>9:30 Standing/Seated Exercises</p> <p>10:30 Cardio Drumming</p> <p>1:00 Women's Parkinson's Support</p> <p>1:30 Big Money Bingo</p> <p>2:00 Men's & Ladies Pitch</p> <p>2:00 McCrite Sewing Group</p> <p>2:30 Sweet Shoppe Treats</p> <p>3:00 Halloween Matinee</p> <p>5:00 "Is There Life After High School" at Chestnut Fine Arts</p> <p>6:30 Halloween Haunt Showtime</p> <p>RSVP Deadline for Oktoberfest!</p>	<p>14</p> <p>9:30 Standing/Seated Exercises</p> <p>10:30 Devotional with Tom</p> <p>1:00 Scenic Drive and Weston Red Barn Farm </p> <p>1:30 Tai Chi with Nina</p> <p>3:00 Showtime Matinee</p> <p> 3:30 Red Friday Happy Hour</p> <p>6:30 Friday Night Mystery Movie</p>	<p>15</p> <p>10:00 Hand & Foot Card Game</p> <p>3:00 Showtime Matinee</p> <p>6:00 Resident Board Game Night</p> <p></p> <p>6:30 Showtime</p>
<p>16</p> <p>9:45 North Cross United Methodist Church Service</p> <p>2:00 Bunco Dice Game</p> <p>3:00 Showtime Matinee</p> <p>6:30 Showtime</p> <p> 3:25 Chiefs vs Bills</p>	<p>17</p> <p>9:30 Standing/Seated Exercises</p> <p>10:30 Cardio Drumming</p> <p>12:00 RESCO Officers Luncheon</p> <p>1:00 Bridge Club</p> <p>1:30 Coffee News & Weekly Planner</p> <p>2:00 This Week in History</p> <p>3:00 Showtime Matinee</p> <p>4:00 McCrite Christmas Choir Rehearsal</p> <p>6:30 Musical Monday Night Movie</p> <p></p>	<p>18</p> <p>9:00 HyVee Shuttle</p> <p>9:30 Standing/Seated Exercises</p> <p>11:00 Catholic Communion</p> <p>11:15 McCrite Book Club</p> <p>1:00 Senior Learning Network: "Frederick Douglas Ntl. Historic Site"</p> <p>2:00 Men's & Ladies Pitch</p> <p>3:00 Halloween Matinee</p> <p>4:00 Creative Coloring</p> <p>5:30 Oktoberfest Dinner</p> <p>6:30 Halloween Haunt</p> <p></p>	<p>19</p> <p> 10-3:00 Nellie's Closet</p> <p>11:15 Men's Lunch Out</p> <p>11:30 LCR Dice Game</p> <p>1:30 Welcome Committee Meeting</p> <p>2:00 Poetry Group</p> <p>3:00 Showtime Matinee</p> <p>4:00 Wacky Wednesday</p> <p>6:00 Care Giver Support Group</p> <p>6:30 Showtime</p>	<p>20</p> <p>9:30 Standing/Seated Exercises</p> <p>10:30 Cardio Drumming</p> <p>1:00 Women's Parkinson's Support</p> <p>2:00 Resident Council Meeting </p> <p>2:00 Men's & Ladies Pitch</p> <p>2:00 McCrite Sewing Group</p> <p>3:00 Halloween Matinee</p> <p>6:30 Halloween Haunt Showtime</p>	<p>21</p> <p>9:30 Standing/Seated Exercises</p> <p>10:30 Devotional with Tom</p> <p>1:30 Tai Chi with Nina</p> <p>3:00 Showtime Matinee</p> <p>3:30  JUST A SING-A-LONG</p> <p>HAPPY HOUR</p> <p>6:30 Friday Night Mystery Movie</p>	<p>22</p> <p>10:00 Hand & Foot Card Game</p> <p>3:00 Showtime Matinee</p> <p>6:00 Resident Board Game Night</p> <p></p> <p>6:30 Showtime</p>
<p>23</p> <p>9:45 North Cross United Methodist Church Service</p> <p> North Cross</p> <p>2:00 Bunco Dice Game</p> <p>3:00 Showtime Matinee</p> <p>6:30 Showtime</p> <p>3:25 Chiefs vs 49ers</p> <p></p>	<p>24</p> <p>9:30 Standing/Seated Exercises</p> <p>10:30 Cardio Drumming</p> <p>1:00 Bridge Club</p> <p>1:30 Coffee News & Weekly Planner</p> <p>2:00 This Week in History</p> <p>3:00 Showtime Matinee</p> <p>4:00 McCrite Choir Rehearsal</p> <p>6:30 Musical Monday Night Movie</p> <p></p>	<p>25</p> <p>9:00 HyVee Shuttle</p> <p>9:30 Standing/Seated Exercises</p> <p>10:30 Coffee with a Cop</p> <p>11:00 Catholic Communion</p> <p>1:00 Senior Learning Network: "The Tabors-An Epic Tale of the West"</p> <p>2:00 Men's & Ladies Pitch</p> <p>2:30 Sweet Shoppe Treats</p> <p>3:00 Halloween Matinee</p> <p>4:00 Creative Coloring</p> <p>5:30 Second Floor Resident Social</p> <p>6:30 Halloween Haunt Showtime</p> <p></p>	<p>26</p> <p>9:30 Standing/Seated Exercises</p> <p>10:00 Men's Coffee</p> <p>11:30 LCR Dice Game </p> <p>2:00 Poetry Group</p> <p>3:00 Showtime Matinee</p> <p>4:00 Wacky Wednesday</p> <p> 6:00 S'Mores and Cider Social</p> <p>6:30 Showtime</p>	<p>27</p> <p>9:30 Standing/Seated Exercises</p> <p>10:30 Cardio Drumming</p> <p>1:00 Women's Parkinson's Support</p> <p>1:30 Big Money Bingo </p> <p>2:00 Men's & Ladies Pitch</p> <p>2:00 McCrite Sewing Group</p> <p>3:00 Halloween Matinee</p> <p>6:00 Friends and Family</p> <p>Trick-or-Treating</p> <p>6:30 Halloween Haunt Showtime</p>	<p>28</p> <p>9:30 Standing/Seated Exercises</p> <p>10:30 Devotional with Tom</p> <p>1:30 Tai Chi with Nina</p> <p>3:00 Showtime Matinee</p> <p> 3:30 Comedy Club</p> <p>Happy Hour</p> <p>6:30 Friday Night Mystery Movie</p>	<p>29</p> <p>10:00 Hand & Foot Card Game</p> <p>3:00 Showtime Matinee</p> <p>6:00 Resident Board Game Night</p> <p></p> <p>6:30 Showtime</p>
<p>30</p> <p>9:45 North Cross United Methodist Church Service</p> <p> Bunco Time!</p> <p>2:00 Bunco Dice Game</p> <p>3:00 Showtime Matinee</p> <p>6:30 Showtime</p>	<p>31</p> <p>9:30 Standing/Seated Exercises</p> <p>10:30 Cardio Drumming</p> <p>1:00 Bridge Club</p> <p>1:30 Coffee News & Weekly Planner</p> <p>2:00 This Week in History</p> <p>3:00 Showtime Matinee</p> <p>4:00 McCrite Choir Rehearsal</p> <p>6:30 Musical Monday Night Movie</p> <p></p>				<p>Please pick up your Weekly Itinerary at the Reception or Concierge Desks. Any changes to the calendar will be noted in the Weekly Itinerary.</p>	<p></p> <p>McCrite Plaza at BRIARCLIFF</p>