

Sunday

Monday

Tuesday

Wednesday













Thursday

Friday

Saturday

# September 2022

## Assisted Living Calendar

<p>9:45 North Cross United Methodist Church Service 2:00 Bunco Dice Game 3:00 Showtime Matinee 6:30 Showtime</p> 	<p>8:45 Assisted Living Rise &amp; Shine 9:30 Seated/Standing Exercise 10:30 Walking Group 11:30 Cardio Drumming 1:30 Manicures 2:00 This Week in History 3:00 Showtime Matinee 4:00 McCrite Choir Rehearsal 6:30 Showtime</p> <p>Labor Day</p>	<p>8:45 Assisted Living Rise &amp; Shine 9:30 Seated/Standing Exercise 11:00 Catholic Communion 1:00 Senior Learning Network 2:00 Quarter Bingo 3:00 Showtime Matinee 4:00 Walking Group 6:30 Showtime</p> 	<p>8:30-1:30 Hair Appointments 8:45 Assisted Living Rise &amp; Shine 9:30 Seated/Standing Exercise 10:00 Men's Coffee 10:30 Music &amp; Movement 2:00 Bunco Dice Game 3:00 Showtime Matinee 4:00 Walking Group 6:00 Alzheimer's Support Group 6:30 Showtime</p>	<p>8:45 Assisted Living Rise &amp; Shine 9:30 Seated/Standing Exercise 10:30 Bunco Dice Game 11:30 Cardio Drumming 2:00 1301 Visits 3:00 Showtime Matinee 4:00 Walking Group 6:30 Showtime</p> 	<p>8:45 Assisted Living Rise &amp; Shine 9:30 Seated/Standing Exercise 10:00 Walking Group 10:30 Devotional with Tom 1:30 Tai Chi with Nina 3:00 Showtime Matinee 3:30 First Friday Fiesta Happy Hour 6:30 Friday Night Mystery Movie</p>	<p>10:00 Walking Group 2:00 Puzzle Group 3:00 Showtime Matinee 4:00 Creative Coloring 6:30 Showtime</p> 
<p>9:45 North Cross United Methodist Church Service 2:00 Bunco Dice Game 3:00 Showtime Matinee 6:30 Showtime</p>  <p>Grandparents Day</p>	<p><b>MONOCHROME MONDAY!</b> 8:45 Assisted Living Rise &amp; Shine 9:30 Seated/Standing Exercise 10:30 Walking Group 11:30 Cardio Drumming 1:30 Tie-Dye Activity! 2:00 This Week in History 3:00 Showtime Matinee 4:00 McCrite Choir Rehearsal 6:30 Showtime</p> <p>National Assisted Living Week!</p>	<p><b>TIME TRAVEL TUESDAY!</b> 8:45 Assisted Living Rise &amp; Shine 9:30 Seated/Standing Exercise 11:00 Catholic Mass 1:00 Senior Learning Network 2:00 Quarter Bingo 3:00 Showtime Matinee 3:30 AL Happy Hour! 4:00 Walking Group 6:30 Showtime</p> <p>National Assisted Living Week!</p>	<p><b>WACKY WEDNESDAY!</b> 8:30-1:30 Hair Appointments 8:45 Assisted Living Rise &amp; Shine 9:30 Seated/Standing Exercise 10:00 Men's Coffee 10:30 Music &amp; Movement 2:00 Wheelchair/Walker Wash! 3:00 Showtime Matinee 4:00 Walking Group 6:00 AL Game Show Night! National Assisted Living Week!</p>	<p><b>TEAM SPIRIT THURSDAY!</b> 8:45 Assisted Living Rise &amp; Shine 9:30 Seated/Standing Exercise 10:30 Bunco Dice Game 11:30 Cardio Drumming 2:00 AL Social Hour 3:00 Showtime Matinee 4:00 Walking Group 6:30 Showtime 6:30 Chiefs/Chargers Pizza Party! National Assisted Living Week!</p>	<p><b>FAR OUT FRIDAY!</b> 8:45 Assisted Living Rise &amp; Shine 9:30 Seated/Standing Exercise 10:00 Walking Group 10:30 Devotional with Tom 1:30 Tai Chi with Nina 3:00 Showtime Matinee 3:30 Sing Along Happy Hour 6:30 Friday Night Mystery Movie</p> <p>National Assisted Living Week!</p>	<p>10:00 Walking Group 2:00 Puzzle Group 3:00 Showtime Matinee 4:00 Creative Coloring 6:30 Showtime</p> <p>Oktoberfest Begins</p>
<p>9:45 North Cross United Methodist Church Service 2:00 Bunco Dice Game 3:00 Showtime Matinee 6:30 Showtime</p> 	<p>8:45 Assisted Living Rise &amp; Shine 9:30 Seated/Standing Exercise 10:30 Walking Group 11:30 Cardio Drumming 1:30 Manicures 2:00 This Week in History 3:00 Showtime Matinee 4:00 McCrite Choir Concert 6:30 Showtime</p>	<p>8:45 Assisted Living Rise &amp; Shine 9:30 Seated/Standing Exercise 11:00 Catholic Communion 1:00 Senior Learning Network 2:00 Quarter Bingo 3:00 Showtime Matinee 4:00 Walking Group 6:30 Showtime</p> 	<p><b>World Alzheimer's Day!</b> 8:30-1:30 Hair Appointments 8:45 Assisted Living Rise &amp; Shine 9:30 Seated/Standing Exercise 10:00 Men's Coffee 10:30 Music &amp; Movement 2:00 Bunco Dice Game 3:00 Showtime Matinee 4:00 Walking Group 6:00 Alzheimer's Support Group 6:30 Showtime</p>	<p>8:45 Assisted Living Rise &amp; Shine 9:30 Seated/Standing Exercise 10:30 Quarter Bingo 11:30 Cardio Drumming 1:00 Women's Parkinson's Support 2:00 AL Resident Council Meeting 3:00 Showtime Matinee 4:00 Walking Group 6:30 Showtime</p> <p>Autumn Begins</p> 	<p>8:45 Assisted Living Rise &amp; Shine 9:30 Seated/Standing Exercise 10:00 Walking Group 10:30 Devotional with Tom 11:00 Concert in the Park! 1:30 Tai Chi with Nina 3:00 Showtime Matinee 3:30 Comedy Club Happy Hour 6:30 Friday Night Mystery Movie</p>	<p>10:00 Walking Group 2:00 Puzzle Group 3:00 Showtime Matinee 4:00 Creative Coloring 6:30 Showtime</p> 
<p>9:45 North Cross United Methodist Church Service 12:00 Chiefs vs. Colts 2:00 Bunco Dice Game 3:00 Showtime Matinee 6:30 Showtime</p>  <p>Rosh Hashanah Begins</p>	<p>8:45 Assisted Living Rise &amp; Shine 9:30 Seated/Standing Exercise 10:30 Walking Group 11:30 Cardio Drumming 1:30 Manicures 2:00 This Week in History 3:00 Showtime Matinee 4:00 McCrite Choir Rehearsal 6:30 Showtime</p>	<p>8:45 Assisted Living Rise &amp; Shine 9:30 Seated/Standing Exercise 11:00 Catholic Communion 1:00 Senior Learning Network 2:00 Quarter Bingo 3:00 Showtime Matinee 3:30 AL Happy Hour 4:00 Walking Group 6:30 Showtime</p> 	<p>8:30-1:30 Hair Appointments 8:45 Assisted Living Rise &amp; Shine 9:30 Seated/Standing Exercise 10:00 Men's Coffee 10:30 Music &amp; Movement 2:00 Bunco Dice Game 3:00 Showtime Matinee 5:30 *Concert Under the Stars*</p>	<p>8:45 Assisted Living Rise &amp; Shine 9:30 Seated/Standing Exercise 10:30 Bunco Dice Game 11:30 Cardio Drumming 2:30 Monthly Birthday Party! 3:00 Showtime Matinee 4:00 Walking Group 6:30 Showtime</p> 	<p>8:45 Assisted Living Rise &amp; Shine 9:30 Seated/Standing Exercise 10:00 Walking Group 10:30 Devotional with Tom 1:30 Tai Chi with Nina 3:00 Showtime Matinee 3:30 Happy Hour 6:30 Friday Night Mystery Movie</p>	