

August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	9:00 Men's Coffee 10:15 Exercise w/Tammy 10:45 Beach Ball Volleyball 11:00 Seated Aerobics 1:00 Cornhole 1:30 Movie Monday 2:30 Nickel Bingo 3:30 Yoga/Floor Stretching Exercise 6:30 Pitch	9:00 Outside Stroll 10:15 Exercise w/Tammy 10:45 Cardio Drumming 11:00 Seated Yoga 1:00 Special Movie Presentation: Magic Mike 2:00 Co-Ed Pool 2:00 Tell A Story 6:00 Mexican Train Dominoes	9:00 Ladies Golf 10:00 BP Clinic 10:15 Exercise w/Tammy 10:30 Shopping (Dillon's) 1:00 Cribbage 2-5 Arm and Hand Massage 2:30 Nickel Bingo 6:00 Scrabble 6:30 Bridge Manicure Day	9:00 Shuffleboard 10:15 Exercise w/Tammy 11:00 Seated Aerobics 1:00 Farkle 2:00 Resident Council 2:00 Co-Ed Pool 2:30 Catholic Mass 3:00 Movie Matinee 3:30 Banana Bingo 6:00 TV Time: The Crown	9:00 Men's Golf 10:15 Exercise w/Tammy 11:00 Seated Yoga 1:00 Seated Tai Chi 1:30 Nature Time 2:00 Nickel Bingo 3:30 Happy Hour	10:30 Exercise 1:00 Cornhole 2:30 Quarter Bingo Enjoy our beautiful art on your own at any time!
7	8	9	10	11	12	13
10:15 Worship Service with Pastor Rick 1:00 Golf Card Game 2:00 TV Time: The Crown Don't forget to visit our pond. You might see the baby geese!	9:00 Ladies Coffee 9:00 Men's Coffee 10:15 Exercise w/Tammy 10:45 Beach Ball Volleyball 11:00 Seated Aerobics 1:00 Cornhole 1:30 Movie Monday 2:30 Nickel Bingo 3:30 Yoga/Floor Stretching Exercise 6:30 Pitch	9:00 Outside Stroll 9:30 Catholic Comm. 10:15 Exercise w/Tammy 10:45 Cardio Drumming 11:00 Seated Yoga 2:00 Co-Ed Pool 2:00 Tell A Story 6:00 Mexican Train Dominoes	9:00 Ladies Golf 10:00 BP Clinic 10:15 Exercise w/Tammy 10:30 Shopping (Dillon's) 1:00 Cribbage 2-5 Arm and Hand Massage 2:30 Nickel Bingo 6:00 Scrabble 6:30 Bridge Manicure Day	9:00 Shuffleboard 10:15 Exercise w/Tammy 11:00 Seated Aerobics 12:30 Red Carpet Library Services 1:00 Farkle 2:00 Co-Ed Pool 3:00 Movie Matinee 3:30 Banana Bingo 6:00 TV Time: The Crown	9:00 Men's Golf 10:15 Exercise w/Tammy 11:00 Seated Yoga 1:00 Seated Tai Chi 1:30 Nature Time 2:00 Nickel Bingo 3:30 Happy Hour 5:00 Friday Night Dinner & Movie	10:30 Exercise 1:00 Cornhole 2:30 Quarter Bingo Enjoy our beautiful art on your own at any time!

<p style="text-align: right;">14</p> <p>10:15 Worship Service with Pastor Rick 1:00 Golf Card Game 2:00 TV Time: The Crown</p>	<p style="text-align: right;">15</p> <p>9:00 Men's Coffee 10:15 Exercise w/Tammy 10:45 Beach Ball Volleyball 11:00 Seated Aerobics 1:00 Cornhole 1:30 Movie Monday 2:30 Nickel Bingo 3:30 Yoga/Floor Stretching Exercise 6:30 Pitch</p>	<p style="text-align: right;">16</p> <p>9:00 Outside Stroll 9:30 Catholic Comm. 10:15 Exercise w/Tammy 10:45 Cardio Drumming 11:00 Seated Yoga 2:00 Co-Ed Pool 2:00 Tell A Story 6:00 Mexican Train Dominoes</p>	<p style="text-align: right;">17</p> <p>9:00 Ladies Golf 10:00 BP Clinic 10:15 Exercise w/Tammy 10:30 Shopping (Walmart) 1:00 All Aboard: 1:00 Cribbage 2-5 Arm and Hand Massage 2:30 Nickel Bingo 6:00 Scrabble 6:30 Bridge</p> <p style="text-align: center;"><i>Manicure Day</i></p>	<p style="text-align: right;">18</p> <p>9:00 Shuffleboard 10:15 Exercise w/Tammy 11:00 Seated Aerobics 1:00 Farkle 2:00 Co-Ed Pool 3:00 Movie Matinee 3:30 Banana Bingo 5-7pm Alzheimer's Fundraiser "Casino Night"</p>	<p style="text-align: right;">19</p> <p>9:00 Men's Golf 10:15 Exercise w/Tammy 11:00 Seated Yoga 1:00 Seated Tai Chi 1:30 Nature Time 2:00 Nickel Bingo 3:30 Happy Hour</p>	<p style="text-align: right;">20</p> <p>10:30 Exercise 1:00 Cornhole 2:30 Quarter Bingo</p> <p style="text-align: center;"><i>Enjoy our beautiful art on your own at any time!</i></p>
<p style="text-align: right;">21</p> <p>10:15 Worship Service with Pastor Rick 1:00 Golf Card Game 2:00 TV Time: The Crown</p>	<p style="text-align: right;">22</p> <p>9:00 Ladies Coffee 9:00 Men's Coffee 10:15 Exercise w/Tammy 10:45 Beach Ball Volleyball 11:00 Seated Aerobics 1:00 Cornhole 1:30 Movie Monday 2:30 Nickel Bingo 3:30 Yoga/Floor Stretching Exercise 6:30 Pitch</p>	<p style="text-align: right;">23</p> <p>9:00 Outside Stroll 9:30 Catholic Comm. 10:15 Exercise w/Tammy 10:45 Cardio Drumming 11:00 Seated Yoga 2:00 Co-Ed Pool 2:00 Tell A Story 6:00 Mexican Train Dominoes</p>	<p style="text-align: right;">24</p> <p>9:00 Ladies Golf 10:00 BP Clinic 10:15 Exercise w/Tammy 10:30 Shopping (Dillon's) 1:00 Cribbage 2-5 Arm and Hand Massage 2:30 Nickel Bingo 6:00 Scrabble 6:30 Bridge</p> <p style="text-align: center;"><i>Manicure Day</i></p>	<p style="text-align: right;">25</p> <p>9:00 Shuffleboard 10:15 Exercise w/Tammy 11:00 Seated Aerobics 12:30 Red Carpet Library Services 1:00 Farkle 2:00 Co-Ed Pool 3:00 Movie Matinee 3:30 Banana Bingo 6:00 TV Time: The Crown</p>	<p style="text-align: right;">26</p> <p>9:00 Men's Golf 10:15 Exercise w/Tammy 11:00 Seated Yoga 1:00 Seated Tai Chi 1:30 Nature Time 2:00 Nickel Bingo 3:30 Happy Hour 5:00 Friday Night Dinner & Movie</p>	<p style="text-align: right;">27</p> <p>10:30 Exercise 1:00 Cornhole 2:30 Quarter Bingo</p> <p style="text-align: center;"><i>Enjoy our beautiful art on your own at any time!</i></p>
<p style="text-align: right;">28</p> <p>10:15 Worship Service with Pastor Rick 1:00 Golf Card Game 2:00 TV Time: The Crown</p>	<p style="text-align: right;">29</p> <p>9:00 Men's Coffee 10:15 Exercise w/Tammy 10:45 Beach Ball Volleyball 11:00 Seated Aerobics 1:00 Cornhole 1:30 Movie Monday 2:00 August Birthday Bash 3:30 Yoga/Floor Stretching Exercise 6:30 Pitch</p>	<p style="text-align: right;">30</p> <p>9:00 Outside Stroll 9:30 Catholic Comm. 10:15 Exercise w/Tammy 10:45 Cardio Drumming 11:00 Seated Yoga 2:00 Co-Ed Pool 2:00 Tell A Story 6:00 Mexican Train Dominoes</p>	<p style="text-align: right;">31</p> <p>9:00 Ladies Golf 10:00 BP Clinic 10:15 Exercise w/Tammy 10:30 Shopping (Target) 1:00 Cribbage 2-5 Arm and Hand Massage 2:30 Nickel Bingo 6:00 Scrabble 6:30 Bridge</p> <p style="text-align: center;"><i>Manicure Day</i></p>			