

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2022



1
10:00 Hand and Foot Card Game
11:00 Creative Coloring
3:00 Showtime Matinee
6:00 Resident Board Game Night
6:30 Showtime

New Year's Day

2
9:45 North Cross Church Service
12:00 Chiefs Vs Bengals
2:00 Bunco Dice Game
3:00 Showtime Matinee
6:30 Showtime Matinee

3
9:30 Standing/Seated Exercise
9:30 This Week in History
10:15 Seated Stretch Class
10:30 Nickel Bingo
1:30 Coffee-News-Weekly Planner
2:30 Manicures w/ Kayla & Julie
3:00 Showtime Matinee
6:30 Showtime

4
9:30 Standing/Seated Exercise
10:15 Seated Stretch Class
10:30 Clue Search Puzzle
1:00 Senior Learning Network
2:00 Travel Tuesday's - Swiss Alps
3:00 Showtime Matinee
3:30 Happy Birthday Hour
6:30 Showtime

5
9:30 Standing/Seated Exercise
10:00 Men's Coffee
10:30 Music & Movement
1:30 "Northern Lights" Paint Class
3:00 Showtime Matinee
3:00 North Cross Bible Study
6:30 Showtime

6
9-10 Room Visits
9:30 Standing/Seated Exercise
10:15 Seated Stretch Class
10:30 Nickel Bingo
11:30 Epiphany Fireside Chat
2:30 Coffee and Board Games
3:00 Showtime Matinee
6:30 Showtime

7
9:30 Standing/Seated Exercise
10:15 Seated Stretch Class
10:30 Balloon Hockey
1:30 Big Money Bingo
3:00 Showtime Matinee
3:30 First Friday Fiesta Happy Hour
6:30 Showtime

8
10:00 Hand and Foot Card Game
11:00 Creative Coloring
3:00 Showtime Matinee
6:00 Resident Board Game Night
6:30 Showtime

9
9:45 North Cross Church Service
12:00 Chiefs Vs Broncos
2:00 Bunco Dice Game
3:00 Showtime Matinee
6:30 Showtime Matinee

10
9:30 Standing/Seated Exercise
9:30 This Week in History
10:15 Seated Stretch Class
10:30 Nickel Bingo
1:30 Coffee-News-Weekly Planner
2:30 Manicures w/ Kayla & Julie
3:00 Showtime Matinee
6:30 Showtime

11
9:30 Standing/Seated Exercise
10:15 Seated Stretch Class
10:30 Clue Search Puzzle
1:00 Senior Learning Network
2:00 Travel Tuesday's - Swiss Alps
3:00 Showtime Matinee
3:30 Happy Hour
6:30 Showtime

12
9:30 Standing/Seated Exercise
10:00 Men's Coffee
10:30 Music & Movement
1:30 "Silly Cats" Paint Class
3:00 North Cross Bible Study
6:30 Showtime

13
9-10 Room Visits
9:30 Standing/Seated Exercise
10:15 Seated Stretch Class
10:30 Nickel Bingo
2:30 Coffee and Board Games
3:00 Showtime Matinee
6:30 Showtime

14
9:30 Standing/Seated Exercise
10:15 Seated Stretch Class
10:30 Balloon Volleyball
1:30 Big Money Bingo
3:00 Showtime Matinee
3:30 Happy Hour
6:30 Showtime

15
10:00 Hand and Foot Card Game
11:00 Creative Coloring
3:00 Showtime Matinee
6:00 Resident Board Game Night
6:30 Showtime

16
9:45 North Cross Church Service
2:00 Bunco Dice Game
3:00 Showtime Matinee
6:30 Showtime Matinee

17
9:30 Standing/Seated Exercise
9:30 This Week in History
10:15 Seated Stretch Class
10:30 Nickel Bingo
1:30 Coffee-News-Weekly Planner
2:30 Manicures w/ Julie & Reagan
3:00 Showtime Matinee
6:30 Showtime
Martin Luther King Jr. Day

18
9:30 Standing/Seated Exercise
10:15 Seated Stretch Class
10:30 Clue Search Puzzle
1:00 Senior Learning Network
2:00 Travel Tuesday's - Paris
3:00 Showtime Matinee
3:30 Happy Birthday Hour
6:30 Showtime

19
9:30 Standing/Seated Exercise
10:00 Men's Coffee
10:30 Music & Movement
2:30 Big Miracle Movie Screening
3:00 North Cross Bible Study
6:30 Showtime

20
9-10 Room Visits
9:30 Standing/Seated Exercise
10:15 Seated Stretch Class
10:30 Nickel Bingo
2:30 Coffee and Board Games
3:00 Showtime Matinee
6:30 Showtime

21
9:30 Standing/Seated Exercise
10:15 Seated Stretch Class
10:30 Balloon Hockey
1:30 Big Money Bingo
3:00 Showtime Matinee
3:30 Happy Hour
6:30 Showtime

22
10:00 Hand and Foot Card Game
11:00 Creative Coloring
3:00 Showtime Matinee
6:00 Resident Board Game Night
6:30 Showtime

23
9:45 North Cross Church Service
2:00 Bunco Dice Game
3:00 Showtime Matinee
6:30 Showtime Matinee
Activity Professionals Week

24
9:30 Standing/Seated Exercise
9:30 This Week in History
10:15 Seated Stretch Class
10:30 Nickel Bingo
1:30 Coffee-News-Weekly Planner
2:30 Manicures w/ Kayla & Julie
3:00 Showtime Matinee
6:30 Showtime

25
9:30 Standing/Seated Exercise
10:15 Seated Stretch Class
10:30 Clue Search Puzzle
1:00 Senior Learning Network
2:00 Travel Tuesday's - England
3:00 Showtime Matinee
3:30 Happy Hour
6:30 Showtime

26
9:30 Standing/Seated Exercise
10:00 Men's Coffee
10:30 Music & Movement
2:30 AL Ladies Tea
3:00 Showtime Matinee
3:00 North Cross Bible Study
6:30 Showtime
Australia Day (observed)

27
9-10 Room Visits
9:30 Standing/Seated Exercise
10:15 Seated Stretch Class
10:30 Nickel Bingo
1:30 "Rainbow Dandelion" Paint Class
3:00 Showtime Matinee
6:30 Showtime

28
9:30 Standing/Seated Exercise
10:15 Seated Stretch Class
10:30 Balloon Volleyball
1:30 Big Money Bingo
3:00 Showtime Matinee
3:30 Happy Hour
6:30 Showtime

29
10:00 Hand and Foot Card Game
11:00 Creative Coloring
3:00 Showtime Matinee
6:00 Resident Board Game Night
6:30 Showtime

30
9:45 North Cross Church Service
2:00 Bunco Dice Game
3:00 Showtime Matinee
6:30 Showtime Matinee

31
9:30 Standing/Seated Exercise
9:30 This Week in History
10:15 Seated Stretch Class
10:30 Nickel Bingo
1:30 Coffee-News-Weekly Planner
2:30 Manicures w/ Kayla & Julie
3:00 Showtime Matinee
6:30 Showtime

Assisted Living Calendar
Any changes to the calendar will be noted in the weekly itineraries delivered to your door every Friday afternoon. Email kwilliams@mccriteplaza.com with any questions.