




Independent and Assisted Living Activity Calendar



January 2022

Activities are subject to change without notice.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> • McCrite Plaza Library • 2nd Floor Saint Andrews (Please return book(s) in Basket to the right.) • Open Pool—Pub • Open Golf Putting Green or Pin Ball—Pub • Tuesday Trivia in Mailboxes • Signup Sheets/Activity Book Across form Concierge Desk 	<ul style="list-style-type: none"> • All Grocery Order are due by Noon on Monday or Thursday (with the exception of Holidays) • Grocery Shopping Deliveries will be delivered on the following Monday and Thursday from when the order is received (with the exception of Holidays) 	<ul style="list-style-type: none"> • 12:30 Hearing Aid Service in S/A Ground Floor Living Room With Tracy from Miracle Ear every 4th Monday • Exercise with Tammy • Exercise I, II, III in CC • Exercise I—Tape for Joints • Exercise II—Tape for Muscles 	<ul style="list-style-type: none"> • AL—LR—Assisted Living, Living Room • S/A—St. Andrews Piano/Living Room • CC—Creative Center • Act. Office— Activities Office in CC • Grille' - Grille Room • R/D—Royal Dublin Living Room • K-Killarney Hall 	<ul style="list-style-type: none"> • Library—St. Andrews Library 2nd Floor • H/C—Health Center • \$ - an Activity Cost • WELL—Wellness Center near Theatre • Café—The Café is located near WELL • Chapel-3rd Floor S/A • P.S.— Postage Stamp 	<ul style="list-style-type: none"> • Family Visits—Self Check In, Wear Masks • Volunteer Visits require proof of vaccinations, rapid test, form & masks • Manicures— By Appt. with Tammy 	<ul style="list-style-type: none"> • New Year's Day • TBD: Rose Bowl Parade Televised • 10:30 Exercise—Pub (Resident Lead) • 1:00 Cornhole Game—Pub • 2:30 Quarter Bingo—Pub (Bring Quarters) • TBD: Rose Bowl Game Televised 
<p>10:15 Worship Service with Pastor Rick Hodge for A/L & I/L—Chapel</p> <p>1:00 Golf Card Game—Library</p> <p>Pastor Rick Hodge delivers an inspirational message to the Residents and Staff of McCrite Plaza Topeka distributed each week</p>	<p>2</p> <p>3</p> <p>Grocery Lists by Noon/Dillon's Delivery</p> <p>9:00 Men's Coffee Klatch—Grille' Room</p> <p>10:00 Exercise—S/A 3rd Floor (Res. Lead)</p> <p>10:15 Exercise I, II or III—S/A</p> <p>11:00 Seated/Standing Aerobics-PUB</p> <p>1:00 Cornhole Game—PUB</p> <p>1:30 Movie Monday - Theatre</p> <p>2:30 Nickel Bingo—Pub (Bring Playing Cards and Nickels)</p> <p>6:30 Pitch—CC</p> <p>TBD: Take Down Christmas</p>	<p>4</p> <p>5</p> <p>Medical Transportation Day</p> <p>9:30 Trivia Tuesday - Mailboxes</p> <p>10:00 Blood Pressure Checks—WELL</p> <p>10:15 Exercise I, II or III—S/A</p> <p>11:00 Seated Yoga—PUB</p> <p>1:00 SLI—Amon Carter Art Museum's Art of American West— Theatre</p> <p>2:00 Co-Ed Pool—PUB</p> <p>2:15 Balloon or Noodle Volleyball—PUB</p> <p>3:30 Trivia—Day Meet Up—PUB</p> <p>6:00 Mexican Train Dominoes—CC</p> <p>TBD: Take Down Christmas</p>	<p>6</p> <p>Book Club Book "The Woman in the Window" Available for Check-out all week and all next week.</p> <p>See Activities for more information</p> <p>9:00 Ladies Golf Putting—PUB</p> <p>9:45 Morning Meditation—CC</p> <p>10:15 Exercise I, II or III—CC</p> <p>1:00 Outdoor/Indoor Walk—(Meet in CC)</p> <p>2:30 Nickel Bingo— Resident Lead- PUB (Resident Lead)</p> <p>6:30 Bridge—Library</p> <p>TBD: Take Down Christmas</p>	<p>7</p> <p>8</p> <p>Epiphany</p> <p>Grocery Lists by Noon/Dillon's Delivery</p> <p>9:00 Shuffleboard—PUB</p> <p>10:15 Exercise I, II or III—CC</p> <p>11:00 Seated/Standing Aerobics—PUB</p> <p>1:00 Farkle—PUB</p> <p>2:00 Co-Ed Pool—PUB</p> <p>2:30 Catholic Mass—Chapel</p> <p>3:00 Movie Musicals —Theatre</p> <p>3:30 Banana Bingo—CC</p> <p>TBD: Take Down Christmas</p>	<p>9</p> <p>10</p> <p>9:00 Men's Golf Putting—PUB</p> <p>9:00 Reminisce with Tammy—CC</p> <p>10:15 Exercise I, II or III—CC</p> <p>10:30 Exercise R/D 2nd & 3rd Floor—2nd Fl. R/D</p> <p>11:00 Seated Yoga—PUB</p> <p>1:00 Seated Tai Chi—PUB</p> <p>2:00 Nickel Bingo (Bring Cards & Nickels) - CC</p> <p>3:30 Happy Hour—PUB</p> <p>5:00 Movie Night—Theatre</p> <p>TBD: Take Down Christmas</p>	<p>11</p> <p>12</p> <p>10:30 Exercise—Pub (Resident Lead)</p> <p>1:00 Cornhole—PUB</p> <p>2:30 Quarter Bingo—Pub (Bring Quarters)</p> <p>Art Walk Anytime—A/L</p> <p>Take the time to admire the variety of beautiful Art Work that adorns the Halls of McCrite Plaza</p>
<p>10:15 Worship Service with Pastor Rick Hodge for A/L & I/L</p> <p>1:00 Golf Card Game—Library</p> <p>Pastor Rick Hodge delivers an inspirational message to the Residents and Staff of McCrite Plaza Topeka distributed each week</p>	<p>9</p> <p>10</p> <p>Grocery Lists by Noon/Dillon's Delivery</p> <p>9:00 Men's Coffee Klatch—Grille' Room</p> <p>9:00 Ladies Coffee—PUB</p> <p>10:00 Exercise—S/A 3rd Floor (Res. Lead)</p> <p>10:15 Exercise I, II or III—CC</p> <p>11:00 Seated/Standing Aerobics—WELL</p> <p>1:00 Coffee ,News & Weekly Planner—S/A Ground</p> <p>1:00 Cornhole Game—Pub</p> <p>1:30 Movie Monday—The Butler (2013) 1 H. 53 M.—Theatre</p> <p>2:00 Nickel Bingo—CC (Bring Playing Cards and Nickels)</p> <p>3:45 Spelling Bee—CC</p> <p>6:30 Pitch—CC</p>	<p>11</p> <p>12</p> <p>Medical Transportation Day</p> <p>9:00 Men's Breakfast—CC</p> <p>9:30 Tuesday Trivia in Mailboxes</p> <p>9:30 Catholic Communion—Chapel & 1:1 Visits</p> <p>10:15 Exercise I, II or III—CC</p> <p>11:00 Seated Yoga—PUB</p> <p>12:00 Res.-Co. Luncheon Meeting—Grille' Room</p> <p>1:00 SLI— Genevieve National Historical Park -Theatre</p> <p>2:00 Co-Ed Pool—PUB</p> <p>2:00 Balloon or Noodle Volleyball—CC</p> <p>3:30 Sing Along with Ida Bell—S/A</p> <p>6:00 Mexican Train Dominoes</p>	<p>13</p> <p>14</p> <p>9:00 Ladies Golf Putting—PUB</p> <p>10:15 Exercise I, II or III—(CC) with Mary Alice</p> <p>1:00 Ambassador Meeting—Grille</p> <p>2:30 Nickel Bingo—Resident Lead—PUB</p> <p>6:30 Bridge—Library</p>	<p>15</p> <p>16</p> <p>Library Day</p> <p>8-11 Grocery Lists by Noon/Dillon's Delivery</p> <p>9:00 Shuffleboard—PUB</p> <p>10:15 Exercise I, II or III—CC</p> <p>11:00 Seated/Standing Aerobics—PUB</p> <p>12:30 Red Carpet, Library Visit—PUB</p> <p>1:00 Farkle- - PUB</p> <p>2:00 Afternoon Tea for Ground & 3rd Fl.—CC</p> <p>2:00 Co-Ed Pool—PUB</p> <p>3:00 Movie Musicals —Theatre</p> <p>3:30 Banana Bingo—CC</p>	<p>17</p> <p>18</p> <p>9:00 Men's Golf Putting—PUB</p> <p>9:00 Reminisce with Tammy—CC</p> <p>10:15 Exercise I II or III—CC</p> <p>10:30 Exercise R/D 2nd & 3rd Floor—2nd Fl. R/D</p> <p>11:00 Seated Yoga—PUB</p> <p>1:00 1:1 Room Visits or Manicures</p> <p>1:00 Seated Tai Chi—PUB</p> <p>1:30 Movie Matinee—Theatre</p> <p>2:00 Nickel Bingo (Bring Cards & Nickels) - CC</p> <p>3:30 Happy Hour PUB</p>	<p>19</p> <p>20</p> <p>10:30 Exercise—Pub (Resident Lead)</p> <p>1:00 Cornhole—PUB</p> <p>2:30 Quarter Bingo—Pub (Bring Quarters)</p> <p>Art Walk Anytime—A/L</p> <p>Take the time to admire the variety of beautiful Art Work that adorns the Halls of McCrite</p>

Independent & Assisted Living Activity Calendar



January 2022

Activities are subject to change without notice.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:15 Worship Service with Pastor Rick Hodge for A/L & I/L— Chapel</p> <p>1:00 Golf Card Game—Library</p> <p>Pastor Rick Hodge delivers an inspirational message to the Residents and Staff of McCrite Plaza Topeka distributed each week.</p> <p>16</p>	<p>Martin Luther King Jr. Day</p> <p>Grocery Lists by Noon/Dillon's Delivery</p> <p>10:00 Exercise—S/A 3rd Floor</p> <p>10:15 Exercise I, II or III—CC</p> <p>11:00 Seated/Standing Aerobics—PUB</p> <p>1:00 Outdoor/Indoor Walk—(Meet in CC)</p> <p>1:00 Cornhole Game—PUB</p> <p>1:00 Coffee, News & Weekly Planner - S/A Ground</p> <p>1:30 Movie Monday—Theatre</p> <p>2:30 Nickel Bingo—CC (Bring Cards & Nickels)</p> <p>3:45 Spelling Bee—CC</p> <p>6:30 Pitch—CC</p> <p>17</p>	<p>Medical Transportation Day</p> <p>9:00 Ladies Breakfast—CC</p> <p>9:30 Trivia Tuesday—Mailboxes</p> <p>9:30 Catholic Communion—Chapel & 1:1 Visits</p> <p>10:15 Exercise I, II or III—CC</p> <p>11:00 Seated Yoga—PUB</p> <p>1:00 SLI: Gerald R. Ford, Presidential Museum - Theatre</p> <p>2:00 Co-Ed Pool—PUB</p> <p>2:15 Balloon/Noodle Ball—CC</p> <p>6:00 Mexican Train Dominoes—CC</p> <p>18</p>	<p>9:00 Ladies Golf Putting—PUB</p> <p>9:45 Morning Meditation— CC</p> <p>10:15 Exercise I, II or III—CC</p> <p>11:00 Drumming - WELL</p> <p>2:00 Resident Council Meeting—CC</p> <p>3:30—4:30 "National Popcorn Day"</p> <p>Pick up your bag in the Theatre</p> <p>6:30 Bridge—Library</p> <p>19</p>	<p>National Butterscotch Day</p> <p>9:00 Shuffleboard—PUB</p> <p>10:15 Exercise I, II or III—CC</p> <p>11:00 Seated/Standing Aerobics—PUB</p> <p>1:00 Farkle - PUB</p> <p>2:00 Co-Ed Pool—PUB</p> <p>2:00 Afternoon Tea for All 1st Floor—CC</p> <p>3:00 Movie Musicals — Theatre</p> <p>3:30 Butterscotch Bingo—CC</p> <p>20</p>	<p>9:00 Men's Golf Putting—PUB</p> <p>9:00 Reminisce with Tammy —CC</p> <p>10:15 Exercise I, II or III - CC</p> <p>10:30 Exercise R/D 2nd & 3rd Floor— 2nd Floor R/D</p> <p>11:00 Seated Yoga—PUB</p> <p>1:00 Seated Tai Chi—PUB</p> <p>2:00 Nickel Bingo (Bring Playing Cards & Nickels)-CC</p> <p>3:30 Happy Hour—Pub</p> <p>5:00 Movie Night—Theatre</p> <p>21</p>	<p>10:30 Exercise—PUB (Resident Lead)</p> <p>1:00 Cornhole Game—Pub</p> <p>2:30 Quarter Bingo—Pub (Bring Quarters)</p> <p>Art Walk Anytime—A/L</p> <p>Take the time to admire the variety of beautiful art work that adorns the Halls of McCrite Plaza</p> <p>22</p>
<p>10:15 Worship Service with Pastor Rick Hodge for A/L & I/L—Chapel</p> <p>1:00 Golf Card Game—Library</p> <p>Pastor Rick Hodge delivers an inspirational message to the Residents and Staff of McCrite Plaza Topeka distributed each week.</p> <p>23</p>	<p>Grocery Lists by Noon/Dillon's Delivery</p> <p>10:00 Exercise—S/A 3rd Floor</p> <p>10:15 Exercise I, II or III—CC</p> <p>11:00 Seated/Standing Aerobics—PUB</p> <p>1:00 Coffee, News & Weekly Planner—S/A Gr.</p> <p>1:00 Cornhole Game—PUB</p> <p>1:30 Movie Monday—Theatre</p> <p>2:30 Nickel Bingo—CC (Bring Cards & Nickels)</p> <p>3:45 Spelling Bee—CC</p> <p>6:30 Pitch—CC</p> <p>24</p>	<p>Medical Transportation Day</p> <p>9:00 Prepare for the Out-Back Program—CC</p> <p>9:30 Trivia Tuesday - Mailboxes</p> <p>9:30 Catholic Communion—Chapel & 1:1 Visits</p> <p>10:15 Exercise I, II or III—CC</p> <p>11:00 Seated Yoga—PUB</p> <p>1:00 SLI: Mitchell Caverns—Theatre</p> <p>2:00 Co-Ed Pool—PUB</p> <p>2:15 Balloon/Noodle Ball—CC</p> <p>3:15 Book Club—"The Woman In The Window" - Library</p> <p>6:00 Mexican Train Dominoes—CC</p> <p>25</p>	<p>9:00 All Aboard Prep Time—CC</p> <p>9:30 Ladies Golf Putting—PUB</p> <p>9:45 Morning Meditation—CC</p> <p>10:30 Exercise I II or III—CC</p> <p>11:00 Drumming - WELL</p> <p>1:30 All Aboard—"Australia"—Theatre</p> <p>3:00 Welcome to the Out-Back! - Pumpkin Soup, ASNAC Cookies & Boomerang Fun!</p> <p>6:30 Bridge—Library</p> <p>26</p>	<p>Red Carpet Day</p> <p>9:00 Shuffleboard—PUB</p> <p>10:15 Exercise I, II or III—CC</p> <p>11:00 Seated/Standing aerobics—PUB</p> <p>12:30 Red Carpet Library visit—WELL</p> <p>1:00 Farkle—PUB</p> <p>2:00 Afternoon Tea for All 2nd Floor—CC</p> <p>2:00 Co-Ed Pool - PUB</p> <p>3:00 Movie Musicals —Theatre</p> <p>3:30 Banana Bingo—CC</p> <p>27</p>	<p>9:00 Men's Golf Putting—PUB</p> <p>9:00 Reminisce with Tammy —CC</p> <p>10:30 Exercise I, II or III—CC</p> <p>10:30 Exercise R/D 2nd & 3rd Floor— 2nd Floor R/D</p> <p>1:30 Movie—Theatre</p> <p>2:00 Nickel Bingo—(Bring Playing Cards & Nickels) - CC (Bring Cards & Quarters)</p> <p>3:00 Set-up for Puzzle Show</p> <p>3:30 Happy Hour—Pub</p> <p>28</p>	<p>9-5 Kansas Day Puzzle Show—CC</p> <p>10:30 Exercise - PUB (Resident Lead)</p> <p>1:00 Cornhole Game—PUB</p> <p>2:30 Quarter Bingo—Pub (Bring Quarters)</p> <p>Art Walk Anytime—A/L</p> <p>Take the time to admire the variety of beautiful art work that adorns the Halls of McCrite Plaza.</p> <p>29</p>
<p>9-5 Puzzle Show Continues—CC</p> <p>10:15 Worship Service with Pastor Rick Hodge for A/L & I/L— Chapel</p> <p>1:00 Golf Card Game—Library</p> <p>Pastor Rick Hodge delivers an inspirational message to the Residents and Staff of McCrite Plaza Topeka distributed each week.</p> <p>30</p>	<p>Grocery Lists by Noon/Dillon's Delivery</p> <p>10:00 Exercise—S/A 3rd Floor</p> <p>10:15 Exercise I, II or II</p> <p>11:00 Seated/Standing Aerobics—PUB</p> <p>1:00 Coffee, News & Weekly Planner—S/A Ground</p> <p>1:00 Cornhole Game—PUB</p> <p>1:30 Movie Monday—Theatre</p> <p>2:30 Nickel Bingo (Bring Cards & Nickels) -CC</p> <p>3:45 Spelling Bee—CC</p> <p>6:30 Pitch—CC</p> <p>31</p>					